

Secondary – High School



Mon	Tue	Wed	Thu	Fri
Breakfast Student \$1.50 Adult \$2.00 Lunch Student \$3.00 Adult \$4.00 Milk .50	Good Nutrition Is Our Mission **Denotes Pork	<i>1 — Early Release</i> Sack Lunch <hr/> Apple Cinnamon Protein Oatmeal	2 **Tomato Soup w/ Toasted Ham-n-Cheese Sandwich <hr/> Toad in the Hole	3 Chicken Fajitas w/ Apple Churro <hr/> Turkey Sausage Egg -n-Cheese English Muffin
6 **BBQ Pulled Pork Sandwich w/ Baked Beans <hr/> Greek Yogurt-n-Berries Parfait	7 Venison Bratwurst w/ Peppers-n-Onions and Garlic Roasted Potato Wedges <hr/> Turkey Sausage Egg -n-Cheese Breakfast	8 Steak Fingers w/ Crinkle Fries <hr/> **Biscuit and Sausage Gravy	9 Walking Taco w/ **Refried Beans <hr/> Cheddar Cheese Omelet	10 French Dip Sandwich w/ Cottage Cheese <hr/> Blueberry Power Waffle
13 Cheeseburger or Buffalo Chicken Sandwich w/ Tater Tots <hr/> Greek Yogurt-n-Berries Parfait	14 **Scalloped Potatoes-n-Ham w/ Sweet Corn and Dinner Roll <hr/> **Breakfast Burrito	15 Braised Beef Carnitas Tacos w/ Chipotle Lime Black Beans <hr/> **Early Riser	16 Chicken-n-Veggie Stir Fry w/ Rice and Fortune Cookie <hr/> Cheesy Scrambled Eggs with Turkey Sausage Patty	17 **BBQ St. Louis Pork Ribs w/ Potato Salad and Dinner Roll <hr/> Breakfast Pizza
20 Supreme or BBQ Chicken Pizza w/ Garlic Veggies <hr/> Greek Yogurt-n-Berries Parfait	21 Chicken Nachos w/ **Refried Beans <hr/> Southwestern Breakfast Skillet	22 **Pork Belly Burnt Ends w/ Cornbread and Fire Roasted Corn on the Cob <hr/> Apple Cinnamon Protein Oatmeal	23 — <i>Early Release</i> Sack Lunch <hr/> Long John Donut	24 NO SCHOOL

***Menu subject to change due to availability of food or school closure**
 This institution is an equal opportunity provider